

# **NORFOLK COUNTY MARATHON (Postal)**

*If you have completed a Marathon  
between  
1st November 2018 - 31st October 2019  
You are eligible to enter the  
Norfolk County Championships\**

*\*A County qualification is acquired by birth in Norfolk or  
By nine months continuous bona fide residence in Norfolk*

**Medals now being awarded in 5 year Age Categories  
Senior, then 40 through to 65+**

**Just send or EMAIL an Official Result  
or press cutting  
(photocopy will suffice)**

**PLEASE NOTE Unfortunately we cannot accept  
Email/Website "links"**

**with the following information  
FULL NAME & ADDRESS, DATE OF BIRTH,  
TELEPHONE NO., CLUB,  
EVENT & DATE OF EVENT TO:**

**PAT BRIGHTMAN  
Norfolk County Marathon  
THORNBURY  
Main Road  
ORMESBY ST MICHAEL  
Great Yarmouth, Norfolk NR29 3LW  
Email: [ctymarathon@btconnect.com](mailto:ctymarathon@btconnect.com)**

**PLEASE NOTE: That it is the responsibility of an INDIVIDUAL  
NOT the Club to send in the entry**

***Please send in your entry as soon as possible  
To be received by 1st NOVEMBER latest***

**Results will be announced at  
NIGHT OF CELEBRATIONS  
On Friday 15th November**